

Experience and professional practice

Practitioner training

Tojeira, Portugal · 19–24 April 2027

What can our own experience bring to the way we accompany others?

We are preparing a residential training for practitioners in Portugal. Preparation, direct experience and integration provide a basis for reflection on professional practice.

Experience and accompaniment

Preparation, direct experience and integration form the thread of the training. The invitation is to explore how we meet our own experience, and what this reveals about being present with another person. Reflection will connect what is lived in the group with the responsibilities and questions of professional accompaniment.

The emphasis is on experiential learning and thoughtful reflection on practice. The detailed teaching sequence is being developed with the team.

The training arc

Before arrival

A group preparation call is planned to begin the shared work.

19 April · Arrive and begin

Arrival and the start of the residential programme at Tojeira.

19–23 April · Experience and reflect

Five working days connecting preparation, experiential work and integration with professional practice.

24 April · Departure

Closing the residential stay, with departure after breakfast.



Intuitus



Elevated Being



Terra Ignota

Tojeira · a rural setting in northern Portugal



The planned venue is a restored farmhouse in Mondrões, near Vila Real. Its nine hectares include woodland, agricultural fields and a vegetable garden. This setting offers space to step outside between sessions and spend time away from everyday demands.

tojeira.pt

Photograph: Tojeira. Booking, room allocation and included services remain to be confirmed.

The facilitators



Jean-François Jodouin

Clinical psychologist

Jean-François works with sexual health, trauma, and somatic and relational psychotherapy. His clinical work and teaching bring attention to bodily experience, relationship and the integration of non-ordinary states of consciousness.



Maria-Paula Almiron

Facilitator · clinical psychology

Maria-Paula's background spans clinical and forensic psychology. Her work draws on cognitive-behavioural and psychodynamic approaches, somatic awareness and trauma-informed practice. She brings an interest in transpersonal psychology, non-ordinary states and integration.

Nancy Rak-Swales coordinates the organisation and practical arrangements.

Practical details

Dates · 19–24 April 2027 · five nights

Group · Practitioners · planning for 12 participants

Residential arrangements · Shared rooms planned; language, fees and inclusions to be confirmed.

The team's working programme concerns experiential work with meditation and other non-ordinary states. Eligibility, participation conditions and other practical arrangements will be finalised during registration.

To express interest or ask a question : info@intuitus.eu